

Ultra Prenatal+ is a dietary supplement that supports:

- Healthy pregnancy and lactation*
- Methylated B vitamin levels*
- Balanced gut bacteria w/ Lactobacillus rhamnosus*
- Upper digestive function and nausea w/ Ginger Root Extract*

Aside from compiling the most clinically relevant and nourishing nutrient profile for a pre and post-natal formula, our focus was heavily concentrated on convenience and compliance. Pregnancy is hard enough, and when ingesting a prenatal supplement becomes a monumental task because of either the size of the pills or the number of pills per serving, compliance goes down and both mother and child can suffer.*

This 2 capsule formula boasts all of the most up-to-date forms of nutrients and is easily integrated into the daily routine of the new mother or mother-to-be.

Methylated B Vitamins

The role of folate has been solidified as an essential nutrient for an optimal pregnancy and healthy baby.* The other B vitamins have also proven to be very important for many functions including the baby's neurological development. **Ultra Prenatal+** includes methylated B vitamins that are proving to be the gold standard when it comes to supplemental Bs. Methylated folate is vital for a significant portion of the population, since some research suggests up to 30% of the population cannot metabolize un-methylated forms of synthetic folic acid.*

Iron Bis-Glycinate

Iron is an important blood building nutrient for the baby as well as for the mother. An iron deficiency means that new blood cells will be unable to transport sufficient levels of oxygen to the fetus. **Ultra Prenatal+** contains a clinically significant level of iron in its bis-glycinate form. This form is said to have a higher utilization rate in the body compared to other forms commonly used.*

Digestive & Probiotic Support*

This comprehensive formula contains both ginger root extract to support nausea as well as Lactobacillus rhamnosus, the probiotic species that has been shown to provide key immune and digestive support to both mom and baby.*

Blood Sugar Support*

Both chromium, in the polynicotinate form, and inositol are leveraged in this formula for their ability to support normal insulin sensitivity and glucose metabolism.*

Supplement Facts

Serving Size 2 Capsules

Amount Per Serving

Vitamin A (as Beta Carotene & Retinyl Palmitate)	1,200 mcg
Vitamin C (as Ascorbic Acid)	60 mg
Vitamin D3 (as Cholecalciferol)	30 mcg (1,200 IU)
Vitamin E (as d-alpha Tocopheryl Succinate)	20.1 mg
Vitamin K1 (as Phytonadione)	80 mcg
Vitamin K2 (as Menaquinone-7)	25 mcg
Thiamin (as Thiamin HCl)	10 mg
Riboflavin	10 mg
Niacin (as Niacinamide)	20 mg
Vitamin B6 (as Pyridoxal-5-Phosphate)	15 mg
Folate (as L-Methyltetrahydrofolate Calcium)	540 mcg DFE
Vitamin B12 (as Methylcobalamin)	100 mcg
Biotin	300 mcg
Pantothenic Acid (as Ca d-Pantothenate)	10 mg
Choline (as Choline Bitartrate)	25 mg
Calcium (as Calcium Citrate)	25 mg
Iron (as Ferrous Bisglycinate Chelate)(Ferrochel™)	18 mg
Iodine (from Kelp)	150 mcg
Magnesium (as Mg Oxide)	50 mg
Zinc (as Zn Citrate)	15 mg
Selenium (as Selenomethionine)	100 mcg
Copper (as Copper Bisglycinate Chelate) (TRAACS™)	1 mg
Manganese (as Manganese Bisglycinate Chelate) (TRAACS™)	2 mg
Chromium (as Cr Polynicotinate)	100 mcg
Molybdenum (as Molybdenum Glycinate Chelate) (TRAACS™)	75 mcg
Lactobacillus rhamnosus	200 mg
Ginger (Zingiber officinale) Root 4:1 Extract	50 mg
Inositol	10 mg

Other Ingredients: vegetable cellulose (capsule), microcrystalline cellulose, vegetarian leucine.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under the age of 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Suggested Use: As a dietary supplement, take 2 capsules daily, or as directed by your healthcare practitioner.

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