

# EndurO2 LPT

EndurO2 LPT is a one-of-a-kind, highly bioavailable chewable liposomal tablet (Lipotab LPT) featuring LANDKIND® Pure Salidroside—a potent phytochemical derived from the Rhodiola rosea root—and designed to optimize physical performance and energy.

Pure Salidroside, the key bioactive compound in Rhodiola rosea (also known as "golden root"), has long been valued as an adaptogen with healing properties. It helps the body resist stress while supporting physical endurance and mental performance.

Enduro 02 LPT is formulated using Lipotabs (LPT), a safe, chewable, oral liposomal tablet manufactured using patented small-molecule technology to improve efficacy and absorption.

#### **RECOMMENDED USES FOR ENDURO2 LPT:**

- Energy Optimization
- Stress Resilience
- Cardiovascular Enhancement
- · Improved Endurance and Recovery
- · Adaptogenic support for fatigue and stress
- · Formulated for Superior Absorption and Effect

## **ABOUT THE FORMULA**

- Rhodiola rosea root grows naturally in the high altitudes of Europe and Asia and has been used for centuries as an herbal medicine.
   Rhodiola has shown the capacity to boost physical and mental productivity, bolster the nervous and immune systems, balance mood, and heighten mental sharpness and memory.
- Most notably, Rhodiola rosea root seems to enhance the body's
  capacity for exercise and performance under physical or mental
  stress. In fact, a study found that students who took a standardized
  Rhodiola extract experienced significant improvements in endurance,
  cognitive performance, stress resilience, and overall vitality.

- Endur02 LPT utilizes salidroside, the most studied and abundant
  phytocompound found in Rhodiola. In numerous clinical studies,
  salidroside was linked to decreased inflammation and oxidative
  stress, supporting cell survival and the creation of new blood
  vessels. Other benefits that have emerged in research include
  improved oxygenation and cardiovascular health, anti-aging effects,
  neuroprotection, and blood glucose regulation support.
- As of 2023, Rhodiola rosea is considered an endangered species
  according to CITES (Convention on International Trade in Endangered
  Species of Wild Fauna and Flora). In particular, traditional harvesting
  methods for rhodiola rosea have had negative impacts on the
  abundance of the plant and its environment. Endur02 LPT is made
  using a fermentation process to produce pure salidroside that avoids
  wild plant collection and improves sustainability and eco-friendliness.

#### SUPPLEMENT FACTS

**Serving Size**: 2 LPT Tablets **Amount Per Serving** 

Oral liposomal LANDKIND® Pure Salidroside as found in Rhodiola rosea root, 30mg per LPT

**WARNING:** If pregnant or nursing, consult your healthcare practitioner before taking this product.

### **SUGGESTED USE**

As a dietary supplement, take 1 LPT twice daily, or as directed by your healthcare practitioner.



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