

FACTOR



Key Pellet
Benefits
Experienced

HORMONE THERAPY PATIENT EXPERIENCE

STEPHANIE KESSELRING & SHANE STRONG

The EvexiPEL Journey

From persistent health challenges to immediate improvements with mood stability, sleep, and productivity!

LIFE BEFORE HORMONE THERAPY

For husband-and-wife team Shane Strong and Stephanie Kesselring, the decision to pursue hormone therapy not only changed their health but also reshaped their personal and professional lives, ultimately positioning them as passionate advocates for a company they believe saved their lives.

Kesselring's struggles began years before she discovered EvexiPEL. Despite maintaining a healthy lifestyle, she faced persistent health challenges, including dangerously high blood pressure,

significant weight gain, irritability, poor sleep, and diminishing results from her efforts at the gym.

After years of inconclusive medical consultations, during which her concerns were often dismissed as stress from her work as a doctor, Kesselring conducted her own research and suspected a hormonal imbalance. Still, she encountered resistance and inaction from her doctors.

"The only solution that I got was manage my stress better. No one even tested my hormones," said Kesselring. Her turning point came during a family gathering, where she overheard a conversation

about hormone therapy. That moment sparked hope and led her to EVEXIAS in 2021.

For Strong, the journey was less direct. As an insulin-dependent diabetic, he had long accepted a regimen of increasing insulin doses and additional prescriptions to manage his health. He didn't realize how much his body was struggling until he experienced the benefits of hormone optimization firsthand. Initially skeptical and unaware of the potential impact, his decision to join his wife in hormone therapy marked the beginning of an eye-opening transformation.

“

The doctors told us that without hormone therapy, I would've had a heart attack.

—Shane Strong

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A NEW CHAPTER WITH EVEXIPEL

In early 2021, Kesselring and Strong took their first steps into hormone therapy. Within a month, both had received their initial pellet therapy, which soon delivered life-changing results.

For Kesselring, the improvements were almost immediate. “Mood stability and improved sleep were the first changes I noticed,” she said.

These seemingly simple shifts had a profound ripple effect on her personal and professional relationships, making her more balanced, thoughtful, and capable of handling life’s challenges. Over the following years, Kesselring lost 50 pounds and rediscovered a sense of energy and productivity she had long missed.

Strong’s transformation was equally dramatic. Within 30 to

45 days of starting hormone therapy, his insulin requirements plummeted from 110 units per day to just 40. Seven medications previously prescribed to address various complications were no longer necessary. Additionally, he lost 70 pounds over four years and gained a renewed sense of vitality. Reflecting on his past health, Strong admitted, “I didn’t think I was fat, but looking back, I was.”

Beyond weight loss, the couple recognized the broader implications of hormone therapy. “It’s not about fast results,” Strong said. “It’s about sustainable health. Hormone therapy adjusts your body in a way that allows you to lose weight and keep it off while improving overall well-being.”

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**—Stephanie
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LIFE-SAVING HEALTHCARE

Kesselring and Strong's newfound health proved critical during an unexpected health scare in the Fall of 2024. Due to a family history of heart disease and at his father's urging, Strong underwent a coronary calcium scan and stress test.

To his surprise, the results revealed significant calcium buildup, requiring immediate intervention. Strong underwent double bypass surgery within days. A surgery that went incredibly well thanks to Strong's solid physical condition, which his cardiologist attributed to hormone therapy.

"The doctor told us that without hormone therapy, I would have had a heart attack," Strong said. "And, if I had started pellet

therapy earlier, it would've likely cleared the calcium from the veins [avoiding the need for surgery]."

This scare was compounded by another discovery: a nodule in Strong's lung, which turned out to be early-stage cancer. Strong went back under the knife. Within weeks of surgery, he was back on his feet, a testament to the resilience his optimized health afforded him.

The couple's gratitude for EvexiPEL only deepened during these trials. From faster recoveries to the emotional support they received from the EVEXIAS team, their journey underscored the holistic impact of the company's approach.

"Many of the nurses and doctors we worked now have Dr. Terri DeNeui's book. We educated a

lot of people in our time in the hospitals because we knew we wouldn't be here without EVEXIAS," said Kesselring.

“

This isn't just about pellets. It's a full solution for total body optimization.

—Stephanie Kesselring

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A HOLISTIC APPROACH TO WELLBEING

One of the aspects Kesselring and Strong appreciate most about EVEXIAS is its comprehensive approach to health. To that end, EVEXIAS nutraceuticals have played a significant role in their journey, providing sustained energy and enhancing overall well-being.

“This isn’t just about pellets,” Kesselring emphasized. “It’s a full solution for total body optimization.”

For Strong, switching to desiccated thyroid medication through EVEXIAS’ compound pharmacy has made all the difference in his energy and overall health. “It was a gamechanger,” he said.

These elements, combined with ongoing education and support, have empowered the couple to live their healthiest, most productive lives.



KEY BENEFITS EXPERIENCED

- Improved Mood Stability
- Better Sleep
- Weight Loss
- Increased Energy
- Enhanced Productivity
- Reduced Insulin Dependency
- Eliminated Additional Medications
- Faster Recovery
- Improved Relationship Quality
- Sustainable Health Improvements
- Increased Longevity & Quality of Life
- Professional Growth

JOINING THE EVEXIAS MISSION

Inspired by their personal transformations, Kesselring and Strong transitioned from patients to advocates.

Both came from backgrounds in the insurance industry, where they were accustomed to high-pressure environments and transactional relationships. In contrast, EVEXIAS offered a culture rooted in care, integrity, and a mission to transform lives through innovative healthcare solutions.

“We were blown away at our first conference,” Kesselring recalled. “The atmosphere was different. I remember I said to Strong, ‘This is weird. Everyone’s really nice. Everyone’s walking tall and feeling good. What’s going on here?’”

This stark contrast to their previous professional experiences motivated the couple to contribute more actively to the company’s mission. Kesselring, ever the researcher, took a methodical approach to assessing EVEXIAS as a professional opportunity.

“We will only work for the best. That’s just how we operate. If we are going to sell, we want to make sure that we are promoting what is best for whoever it is that we’re talking to. The research showed that EVEXIAS was the best,” said Kesselring.

Over time, Kesselring and Strong have taken on greater roles within the organization. Strong leveraged his leadership experience building and expanding sales teams and is currently overseeing expansion in 25 states on the East Coast. Meanwhile, Kesselring’s passion

for structure and training led her to a pivotal role as Director of Field Force Development, where she mentors and supports representatives across the country.





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TRANSFORMING LIVES, ONE PATIENT AT A TIME

Beyond its innovative therapies, EVEXIAS stands out for its culture of compassion and support.

Kesselring and Strong experienced this firsthand during Strong’s health challenges. From prayers and personal messages from colleagues to care packages with thoughtful, practical items, the couple felt embraced by a community that truly cared.

“It’s one thing to call yourself a kingdom company,” Kesselring said, “but it’s another to live it. EVEXIAS rose to the occasion and stood by us when we needed them most.”

Today, Kesselring and Strong are living proof of EVEXIAS’ transformative power. They are not only thriving in their personal health but also making a meaningful impact on others in their roles with the company.

“We’re literally changing lives,” Strong said. “We’re saving marriages, improving relationships, and helping medical practices thrive. It’s incredibly rewarding.”

In that way, EVEXIAS Health Solutions has been more than a health provider; it has been a partner in their journey toward optimal health and purpose-driven living.

“Four years ago, we thought we were just getting pellets and then that we would sell them to keep ourselves busy,” said Kesselring. “But we have truly fallen in love with the company.”



UNLOCK YOUR POTENTIAL WITH EVEXIPEL

STEPHANIE & SHANE'S STORY

is a testament to the groundbreaking power of innovations. As a patient, you now have the incredible opportunity to receive personalized, state-of-the-art treatments.



EvexiPEL®
Get Well. Live Well!

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920 S. Kimball Ave Ste 100
Southlake, TX 76092
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