


# FACTOR



HORMONE THERAPY PATIENT EXPERIENCE

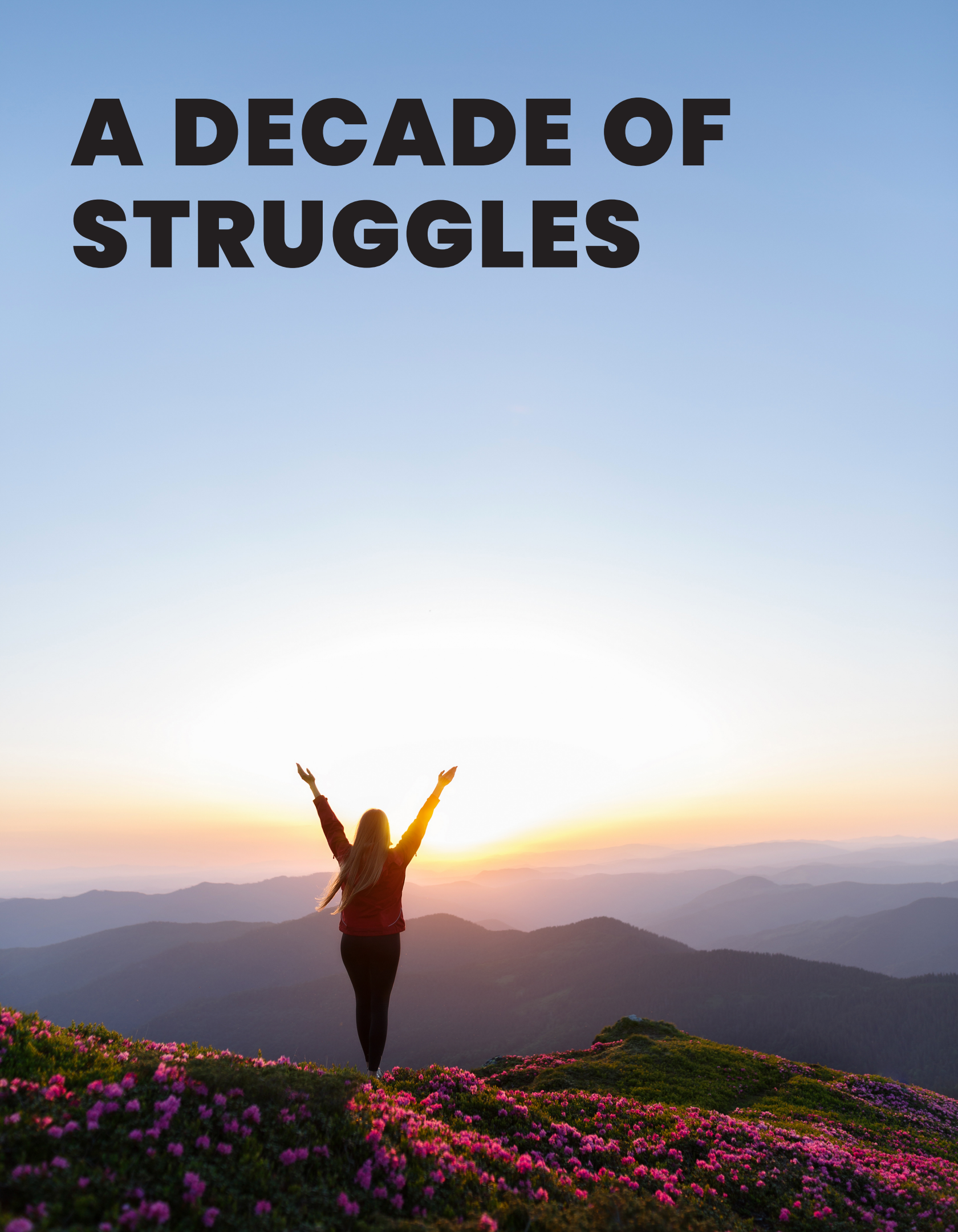
  
Key Pellet  
Benefits  
Experienced

## SANDRA MEONO

The EvexiPEL  
Journey

**“EvexiPEL  
gave me  
my life  
back.”**

# A DECADE OF STRUGGLES



## Sandra Meono, a Vice President of Client Experience based in Katy, TX

struggled with debilitating health issues that impacted every aspect of her life. From chronic pain and fatigue to brain fog, high blood pressure, low libido and digestive problems, she had seen multiple specialists in the search for answers.

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*“I saw all kinds of doctors—internists, rheumatologists, gastroenterologists, neurologists and even my OB-GYN,” she recalled. “I was even diagnosed with fibromyalgia and in so much pain. I would just press my skin and have pain.”*

– Sandra Meono

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# GIVING HRT A GO

On top of her struggles, Sandra has dealt with intense medical anxiety since her experience with COVID-19 in 2020. In fact, Sandra was one of the first people in Texas to be diagnosed with the virus, at a time in the pandemic when scientists and practitioners had little understanding about how to diagnose or treat COVID-19 patients.

*“It was so scary. Doctors didn’t even know what to do back then and that fear stayed with me. I was always worried that any medication I took might cause a bad reaction,” said Sandra. “Even Tylenol—I would take it out of my mouth because I was so anxious about it.”*

The trauma of that experience only exacerbated her discomfort because she avoided taking the medications she was prescribed. Her pain worsened and she felt depressed and anxious thinking about the toll her health challenges were taking on her relationships and self-esteem.

*“I could see it on my family and friends’ faces. When you complain and complain with the people around you, they become tired of you telling them that you’re not feeling well,” said Sandra. “I thought my husband was going to leave me, too, because I didn’t want to be intimate at all.”*



## A Brighter Outlook

Everything changed during a routine checkup with her trusted OB-GYN, Dr. Jenkins who is an EvexiPEL Certified practitioner. Knowing her long-standing health concerns, he suggested testing

her hormone levels. The results were shocking—her estrogen and testosterone levels were alarmingly low, far below the minimum range.

“He told me, ‘I have never seen something like this. No wonder you’ve been through so much,’” Sandra said.

Though she had reservations about medical treatments, but with his thorough explanation of the procedure and their history of good rapport, she trusted Dr. Jenkins completely. She decided to try the pellet therapy, hoping it could finally provide the relief she had been searching for.

“He told me everything about the procedure, the side effects and what to expect,” she explained. “I

felt comfortable moving forward.” Just two days after her first pellet insertion, Sandra felt a noticeable improvement in her symptoms. “At first, I thought maybe it was in my head, but the changes were real,” she said.

## Undeniable Results

Before starting EvexiPEL, Sandra often questioned her purpose. But now, she wakes up each day with excitement.

Not only has she rekindled her passion for exercise, engaging in spin classes and weight training with enthusiasm, her self-confidence has skyrocketed, and she no longer feels like a burden to those around her.





"I exercise every single day now! I do spin, I lift weights and I feel strong," she said. "My pain is still there, but it's mild now—nothing compared to before." Now a couple months into treatment, Sandra's energy levels are much higher than they were, and she no longer feels like she was dragging herself through each day. Her mental clarity has returned, too, allowing her to focus better at work and engage in conversations without struggling to find words.

"We used to go to restaurants as a family and I would sit there quietly. All of us were quiet. Now I don't stop talking, and my husband notices that I'm chattier, in a good way," she said.

Two other unexpected benefits are the transformation of her digestive and mental health. For years, Sandra experienced stomach pain and constipation and her anxiety, particularly on airplanes, was debilitating.

"Now, I go to the bathroom every single day—no more stomach pain, no discomfort," she said, adding: "I used to be terrified on airplanes, but after the pellets, I got on a plane and realized I wasn't scared anymore. No anxiety at all!"

Most importantly, her relationship with her husband and family is much improved. "Our marriage has that spark again," she

said. "And my daughter, all my extended family, they've all noticed the difference in me."

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- Sandra Meono

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## A Renewed Trust in Healthcare

Sandra thinks the mode of treatment—a pellet gently inserted in the skin that she can forget about for months at a time—and the success of her treatment has helped her to avoid and overcome the anxiety she had around taking medication.

The shift has been huge: She trusts her EVEXIAS provider implicitly. She is regularly and happily taking the EVEXIAS nutraceuticals he prescribes, because they work.

Sandra says she “can’t live without” her EvexiPEL Complete, which her doctor recommended she take to support her hormone therapy.

“They give me energy, help me sleep, and even support my digestion,” she said.

She also takes progesterone at night, which has greatly improved her sleep quality. Before, she’d sleep just two or three hours and wake up, now she sleeps through the night and wakes up refreshed.

## A Fresh Commitment to Wellness

Sandra plans to continue EvexiPEL hormone therapy every few months, ensuring she maintains these life changing results. “I already have my next appointment scheduled!” she said. “This is my Christmas gift to myself. It’s the best investment I could ever make.”

She has even encouraged her husband to consider hormone testing in the future. “Right now,

“You don’t have to live like this. There’s hope, and it starts with getting your hormones checked. This treatment has changed everything for me, and I am so grateful.”

– Sandra Meono

he’s fine, but if he ever has issues, I’ll definitely tell him to try this,” she said.

Sandra, who was born in Puerto Rico, has also reflected on how much her Hispanic women friends could benefit from hormone pellet therapy. Sandra’s noticed that there’s stigma around hormone therapy within her community. She hopes that being outspoken with her positive experience can encourage her friends to rethink that misconception.

“Hispanic people don’t really believe in this type of medicine, especially if it’s not covered by insurance,” she explained. “But I see the benefits, so I tell all my friends about it!”

Regardless of cultural community, Sandra is adamant now that women should not feel ashamed to talk about hormone health or to do what it takes to get well.

“Doctors don’t always check for hormones first, and that’s a problem. Women need to know that hormones are so important. We need to speak up!” she said.

“You don’t have to live like this. There’s hope, and it starts with getting your hormones checked. This treatment has changed everything for me, and I am so grateful.”





## KEY BENEFITS EXPERIENCED

- Supports significant reduction in chronic pain and joint discomfort
- Helped to restore mental clarity and focus
- Enhanced energy levels and motivation
- Improved digestive health and regularity
- Helped to renew intimacy and strengthened relationships
- Helped reduced anxiety and depression
- Better sleep quality and reduced nighttime restlessness

# UNLOCK YOUR POTENTIAL WITH EVEXIPEL

## SANDRA'S STORY

is testament to the groundbreaking power of innovations. As a patient, you now have the incredible opportunity to receive personalized, state-of-the-art treatments.



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