

XFACTOR

RYAN BELL

A ripple effect of health
and empowerment

*How the discovery of EVEXIAS changed Ryan
Bell's life and career, leading him to achieve
what he once thought was impossible...*

HORMONE THERAPY PATIENT EXPERIENCE



Key Pellet
Benefits
Experienced

LARGE-SCALE IMPACT

“Pellet therapy might not be for everybody, but it’s a phenomenal way to do hormone therapy and not have to deal the daily grind of keeping up with all the hormone creams and pills.”

– Ryan Bell



Ryan Bell, EVEXIAS Health Solutions District Sales Leader based in Phoenix, Arizona, has experienced remarkable growth both as an employee and as a patient at EVEXIAS, a company deeply committed to health and wellness. His unique perspective stems from his dual roles as a former Practice Development Specialist and current District Sales Leader, as well as a beneficiary of EVEXIAS' Health Solutions.

Bell's entry into the health and wellness industry was fueled by his lifelong passion for helping others achieve optimal well-being. Graduating with a degree in exercise science and nutrition, Bell dedicated over 15 years to personal training, focusing on improving the health and fitness of his clients. However, after moving from Kansas to Arizona with his family, he began exploring other opportunities within the health and wellness sector.

"I've always wanted to help people on a larger scale," Ryan shared. "When I saw the position for Practice Development Specialist at EVEXIAS, it felt like a perfect extension of my passion for wellness."

He embraced the opportunity, joining the company in mid-2021 while still balancing his personal training work. Within six months, he transitioned to a full-time role with EVEXIAS, recognizing the potential to create meaningful impacts through their innovative approaches.

Today, as a District Sales Leader, Ryan's influence has grown exponentially. Overseeing teams and working with more than 100 practitioners in Arizona, as well as many more in Nevada and Hawaii, he has become a vital part of the company's mission.

"One of the most rewarding aspects of my job is hearing directly from practitioners about the lives we've changed. It reminds me of why I entered this industry in the first place," he said.





BECOMING A PATIENT

Ryan's journey as a patient has been equally inspiring. Like many, Bell struggled with challenges related to energy, sleep, brain fog and overall wellbeing. His background in the military, where he served for eight years, exposed him to significant stress and physical trauma.

"I had two tours overseas, so that involved a lot of stress, and I also had a few minor head injuries during that time. That all really tanked my testosterone," Ryan explained.

In fact, studies show chronic stress is the leading cause of male infertility, as it can drastically reduce testosterone levels in men. Likewise, head injuries can affect hormone levels due to damage to the pituitary gland or hypothalamus, two parts of the brain responsible for regulating hormones in the body.

Before discovering EVEXIAS Health Solutions, Ryan attempted to address these issues through testosterone injections.



"Initially, I tried injections every 14 days, but the last several days before the next dose were terrible. I switched to weekly and then every four days which reduced the roller coaster effect. However, it became incredibly tedious," he said.

Ultimately, the burden of constant injections led him to pause hormone therapy altogether. It wasn't until joining the EVEXIAS team that Ryan discovered the benefits of hormone pellet therapy.

"I got my first pellet treatment in September 2021, and the difference was night and day. Unlike with the injections, I don't have any side effects, and the pellets offer improved sleep and a more balanced mood," he said.

The improvements were so noticeable that even his 11-year-

old daughter commented on the change.

"She'd ask, 'Daddy, when are you getting those things in your back again?' When I asked her why she asked, she said 'I've heard you tell Mommy that it's supposed to help with, like, not being grumpy.' Even she noticed how much better I'd feel after treatment."

Along with improving his sleep and mood, EvexiPEL gives him the energy he needs to live life to the fullest.

"Being a personal trainer for 15 years, I work out five to six days a week, typically. Also, I go hiking three to four days a week," he said. "EvexiPEL helps give me the energy to continue to get out there and to see results from my workouts."



KEY BENEFITS EXPERIENCED

- Helps Improve Sleep Quality
- Assists in Regulating Mood
- Helps Reduce Brain Fog
- Fulfilling Professional Life
- Reduced Spend on “quick fixes”
- Improved Family Life
- Reduced Inflammation
- Assists in Weight Management

COMBINING HEALTH SOLUTIONS

EVEXIAS’ comprehensive approach to health doesn’t stop at hormone therapy. Ryan has seen significant results since incorporating EVEXIAS nutraceuticals and peptides into his regimen.

“Using products like EvexiPEL Complete, BPC 157, Inflam-X and Glutathione has been a game-changer,” he said. “EvexiPEL Complete helps with hormone optimization and detoxification, and it has vitamins ADK. The BPC-157 and Infam-X are phenomenal for gut health and inflammation. I’ve had multiple sports injuries and the combination of these two together has really helped improve those issues. And the Glutathione is just the body’s master antioxidant that helps improve immunity.”

Combined with compounded GLP-1s, Ryan achieved a remarkable transformation, losing 40 pounds over the course of a year. Ryan’s weight-loss journey highlights the effectiveness of EVEXIAS’ personalized care model. By addressing the root causes of his symptoms and optimizing his overall health, Ryan has been able to sustain his progress.

“The trifecta of hormone therapy, pharmaceuticals and peptides has truly optimized my health. I’m more

“Working with doctors who **GENUINELY LISTEN**
and **TAILOR TREATMENTS** to each individual is a
refreshing change from traditional medicine,”

– Ryan Bell



effective in my work, more present with my family and I feel better than ever,” he said.

Reflecting on his early reliance on energy drinks and ineffective supplements, Ryan acknowledged the importance of evidence-based solutions.

“As a personal trainer, I was always being approached by supplement companies. I used to waste my money on testosterone boosters and energy drinks, chasing temporary fixes,” he admitted. “Now, thanks to EVEXIAS, I’ve eliminated the need for those and found a sustainable solution.”

CREATING A RIPPLE EFFECT

Beyond his personal success, Ryan appreciates the broader impact of EVEXIAS on patients and practitioners alike.

“Working with doctors who genuinely listen and tailor treatments to each individual is a refreshing change from traditional medicine,” he remarked.

He’s particularly proud of EVEXIAS’ dedication to addressing the unique needs of each patient through thorough lab work, personalized treatment plans, and ongoing practitioner education. This commitment to holistic care is reflected in Ryan’s own advocacy.

“It’s about getting to the root cause and partnering with patients on their health journey. I’ve recommended EVEXIAS to friends and family because I’ve seen firsthand how remarkable it can be,” he said. “It’s like hitting the easy button for health—effective, convenient and tailored to your body’s needs.”

As Ryan continues to excel in his sales role, his story serves as a compelling testament to EVEXIAS’ mission. Whether supporting practitioners



in their work, or sharing his personal journey, Ryan is thrilled by the company’s ability to empower individuals towards achieving their best health.

“Being part of this organization has been life-changing, both professionally and personally,” he concluded. “I set a goal back when I first started personal training that I wanted to help a million people in my career. As every practitioner I partner with reaches more and more patients, it creates that positive ripple effect I was hoping to be a part of.”



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UNLOCK YOUR POTENTIAL WITH EVEXIPEL

RYAN'S STORY

is testament to the groundbreaking power of innovations. As a patient, you now have the incredible opportunity to receive personalized, state-of-the-art treatments.



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about hormone replacement therapy, nutraceuticals and so much more.

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