

ELEVATE



EVEXIAS[®]
HEALTH SOLUTIONS

**STEP INTO A
HEALTHIER, MORE
CONFIDENT YOU –**

*with the power of
education and
supportive care.*

SEMA GLUTIDE PATIENT EXPERIENCE

**KRISTINA
GAUTREAUX**

**EMPOWER YOUR
WELLNESS JOURNEY**

UNLOCKING YOUR WEIGHT LOSS POTENTIAL

"EVEXIAS provided a ton of **RESOURCES TO EDUCATE** me on how the drug works, how my body might respond, and gave suggestions for complementary approaches to improve my overall experience."

Kristina Gautreaux, a 38-year-old marketing manager from Fort Worth, TX, began her transformative health journey with EVEXIAS in April 2024.

"I've always been mindful of my weight. This tool has helped me stay on track and feel more confident in my body."

After transitioning to a work from home environment, it became more difficult for Kristina to keep the pounds off. She also noticed that she suffered from low energy levels and brain fog.

Then, her coworker told her about semaglutide, a GLP-1 drug that helps with weight loss, and about her positive experiences using the drug under the watchful eye of EVEXIAS-trained practitioners.

"I initially had reservations about using semaglutide for weight loss, especially given the Hollywood hype around GLP-1 medications.

"I thought it was an extreme solution," she recalls.

However, Kristina changed her tune after learning more about the treatment from her coworker and seeing internationally renowned pharmacist and naturalist James LaValle, RPH, CCN, MT, DHM, DHPH, give a seminar about integrative health solutions and GLP-1s.

"He basically laid out how to safely use semaglutide and manage long-term weight loss," she said.

Soon after, Gautreaux decided to give EVEXIAS' semaglutide a try.



"If anybody is considering getting on semaglutide, education is important. I don't think I would've gone into it if EVEXIAS hadn't ensured I had all that information at my fingertips."

MORE THAN HYPE

Right away, Gautreaux was set at ease by how thorough the EVEXIAS practitioners were during her consultation visit.

"I really liked that they did a full panel blood test at first, and then they let me know that I had low vitamin B and low vitamin D. They gave me nutraceuticals to start, which I immediately saw a difference from," she said.

Kristina currently takes EVEXIAS nutraceuticals: ADK, B-12, and magnesium based on her lab work. She also uses QuiCalm, which can help regulate cortisol and stress, and Synapsin Pro LPT for improved mental clarity.

"I can tell a noticeable difference with QuiCalm. It helps me manage that feeling of being 'in a funk' or on edge," she notes.

From there, her care team reviewed her labs to ensure she was a good candidate for GLP-1 treatment, another proactive effort that assured her she was on the right path.

"GLP-1s can have potential side effects, including pancreatitis. When I see ads for semaglutide on Facebook, it floors me! You should be working with a trusted provider to determine whether you are a good candidate for the medication. Please don't buy it off the internet."

Luckily, Kristina's labs were healthy, and she was cleared to try GLP-1s. She began her semaglutide regimen in June 2024, and right away she felt a difference.

"The first dose was a little tough. There was some nausea for a couple of days, but my appetite was suppressed," she said.

After adding more protein to her diet, the nausea disappeared and her body adapted. Then, she took note of big changes: "Before, I was an emotional eater, and my appetite would spike just before my cycle. Now, my relationship with food is much healthier. I stop eating when I'm full," she said.

Today, Kristina can decide how much or how little she will take based on her progress and if any side effects are present. This is because her semaglutide is compounded, rather than delivered in a pre-determined dose. This

flexibility, as well as the lack of pressure to increase her dose, has been empowering for Kristina.

"They let you control the process and go at your own pace. That was crucial for me," she said.



NOTICEABLE PROGRESS

In just four months, Gautreaux has lost around 20 pounds and feels healthier and more confident than ever. Kristina is thrilled with her weight loss progress.

"It's amazing to see and feel the difference," she shares. "Before, I tried low-carb diets, but they were hard to stick with, especially when working long hours. Now, I can have a bit of carbs without it derailing everything."

KEY BENEFITS EXPERIENCED

Cautionary bloodwork was done before prescribing semaglutide

Exceptional patient education

Responsive and knowledgeable providers and staff

Luxurious packaging and presentation

Supported in significant weight loss

Cost-effective

Improved health and wellness

Able to titrate at a slower pace since the medication is not pre-portioned



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The gradual weight loss has also allowed her to sustain lifestyle changes, like incorporating more protein into her diet and taking her dog for more walks. Plus, EVEXIAS has given Kristina more than just a weight loss solution; they've provided a sense of security and trust.

"If anybody is considering getting on semaglutide, education is really important. You need to understand how the drug works, how your body might respond, and what you might need to complement the drug," she said. "I don't think I would've gone into it if EVEXIAS hadn't made sure I had all that information at my fingertips."

Kristina's journey has also motivated her sister, who has been struggling with her weight for years. Her sister's first appointment is just around the corner, and Gautreaux is eager to support her along the way.

"Watching me go through this, she feels more confident about starting her own journey with EVEXIAS," Gautreaux said. "I wouldn't recommend just any clinic to my sister, but I know EVEXIAS will take good care of her," she said.

Ultimately, she's confident that EVEXIAS won't push a treatment if it's not appropriate. "The lab work was essential. They wouldn't have started me on GLP-1s if my body wasn't healthy enough," she said.

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MORE THAN A WEIGHT LOSS SOLUTION

The holistic care she receives at EVEXIAS goes beyond weight loss. This attention to overall health has been pivotal in Gautreaux's journey, helping her feel more balanced, both physically and emotionally.

One of the standout aspects of EVEXIAS service, according to Gautreaux, is their attentive and personalized approach.

"They check in regularly and do follow up visits with a full body composition analysis before refilling prescriptions to ensure everything is on track," she says.

Plus, she values the flexibility EVEXIAS offers, from the customized dosing to the responsive text campaigns for scheduling and support. "They're really there for you. I can ask questions about side effects, like nausea, and get a quick response. That kind of accessibility is rare," she said.

Reflecting on her progress, Kristina expresses gratitude for the positive trajectory she's now

on. The experience has not only improved her physical well-being but has also boosted her self-esteem: "I look and feel better. I feel more in control of my health," she said. "I'm seeing the results of my efforts when I exercise, and it's encouraging."

For anyone hesitant about trying semaglutide, Kristina advises thorough education and working with a trusted provider like EVEXIAS. Kristina feels the investment in herself is worthwhile.

"Compared to the costs through big pharmaceutical providers, EVEXIAS is affordable. Plus, it's worth it when you save on groceries because you're consuming less," she said.

"I look and feel better. I feel more in control of my health," she said. "I'm seeing the results of my efforts when I exercise, and it's encouraging."

Ultimately, the personalized, integrative care at EVEXIAS has left a substantial impact on Gautreaux's life. From the accommodating service and effective treatment to the luxury feel of the packaging, every detail contributes to a supportive, above-and-beyond experience that has left Gautreaux healthier and happier.

UNLOCK YOUR POTENTIAL WITH EVEXIAS

KRISTINA'S STORY

is testament to the groundbreaking power of innovations. As a patient, you now have the incredible opportunity to receive personalized, state-of-the-art treatments.



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